

WELCOME

At Behavioral Health we provide prevention, wellness, and treatment for substance use and mental illness.

Our system of care will work with you to create a personal plan focusing on your needs, linking you to other services, building skills, gaining natural supports, and becoming part of a peer community.

You will receive care from a team of people that is tailored to your goals and needs. Your team may have a therapist, case manager, nurse, psychiatrist, substance use counselor, parenting and/or behavior specialist, patient rights advocate, peer support specialist, psychologist.

LOCATIONS

555 Hospital Ln., Susanville
(530) 251-8108

1400-A Chestnut St., Susanville
(530) 251-8112

Big Valley One Stop Center 125
HWY 299 East, Bieber, CA
(530) 294-5700

Fort Sage One Stop Center 170
D.S. Hall Street, Herlong, CA
(530) 827-3007

Westwood One Stop Center 463-
975 Birch Street, Westwood, CA
(530) 256-3700

24/7 Crisis Line Available
(530) 251-8108 or 1-888-530-8688

LASSEN COUNTY BEHAVIORAL HEALTH

“Working together on behalf of individuals and families seeking knowledge and support for their highest level of independence and wellness.”



GETTING HELP

In Emergency Situations Call 9-1-1

When a person needs mental health services and/or alcohol and drug treatment

Take the person to:

Lassen County Behavioral Health

- ***555 Hospital Lane Susanville, Ca
Phone 530-251-8108***
- ***1400 -A Chestnut Street
Susanville, Ca
Phone 530-251-8112***
- ***Or take the person to your local emergency room for evaluation if the person is a threat to self or others or needs medical detox.***

We accept Medi-Cal, Medicare, and private insurance .

Staff can assist you with signing up for insurance.

TREATMENT

Lassen County Behavioral Health provides various services

Medication Services– Provided by a nurse and or psychiatrist. Performs diagnostic evaluations, prescribes and monitors medications, provides education on illness

Therapy– Provides individual therapy and education on symptoms and diagnoses.

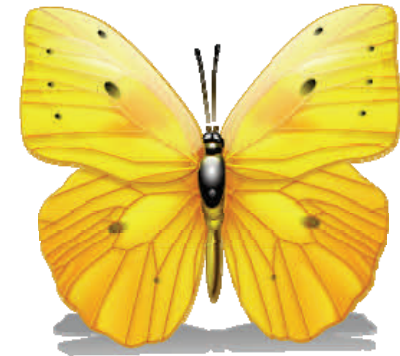
Case Management– Provided by Behavioral Health staff who will assist you in connecting with needed community services and will provide ongoing monitoring and support

Group Services-Variety of support groups, therapy groups and psych-educational groups

Rehabilitation Services– BH Staff teaches a variety of skills: communication, anger, relaxation, coping, time management, etc.



INFORMATION



BELIEVE YOU CAN

Warning Signs of Mental Illness in Adults

- Confused thinking
- Long lasting sadness or irritability
- Feelings of hopelessness and helplessness
- Extreme highs and lows in mood
- Excessive fear, worry or anxiety
- Abuse of drugs and/or alcohol
- Strong feelings of anger
- Delusions or hallucinations (seeing or hearing things that are not really there)
- Thoughts of suicide